

Lilacs and Lace

Table runner by Laura Blanchard



Finished table runner size: 25" x 52"

FABRIC REQUIREMENTS:

Pattern #18354 – MULL.....	1 2/3 yards (backing)
18355 – BE11	1/3 yard
18356 – RED1	1/2 yard
18358 – BE11	1/4 yard
18360 – BRO1	1/4 yard
18360 – DKPUR1	1/8 yard
18360 – BE11	3/4 yard
18360 – GRE1	2/3 yard (includes binding)
18360 – DKGRE1	1/8 yard
18361 – GRE1	2/3 yard
Batting	30" x 57"
Optional supply: Basting glue	

APPLIQUÉ INSTRUCTIONS:

Prepare leaves and birdhouse openings as desired for either turned edge or raw edge appliqué. Cutting instructions for appliqué pieces are given without seam allowances. Stitch using your favorite hand or machine appliqué method.

CUTTING INSTRUCTIONS:

A. Pattern #18355 – BE11 (tossed images):

1. Fussy cut eight 4" squares, centering desired images for the checkerboard unit (N).

B. Pattern #18356 – RED1 (stripe):

1. Cut four 1 1/4" x 42" strips (inner border).
2. Cut four 1 1/4" x 8" strips parallel to the selvage, centering the 3/4" marking of the ruler on a solid line between the rows of flowers (flat-fold piping).

C. Pattern #18358 – BE11 (packed flower texture):

1. Cut one 2 1/4" x 42" strip for the 4-Patch blocks (M).
2. Cut two circles for appliqué using the template provided (birdhouse opening).

D. Pattern #18360 – BRO1 (dot texture):

1. Cut two 6 1/2" x 8 7/8" rectangles (A).
2. Cut two 2 1/2" x 9" rectangles (B).

E. Pattern #18360 – DKPUR1 (dot texture):

1. Cut four 1 1/2" x 9" rectangles (C and D).
2. Cut two 1" x 8 1/2" rectangles (E).

F. Pattern #18360 – BE11 (dot texture):

1. Cut one 2 1/4" x 42" strip for the 4-Patch blocks (L).
2. Cut one 4 3/4" x 42" strip. Make four 9 7/8" crosscuts (I).
3. Cut one 3" x 42" strip. Make two 18" crosscuts (K).
4. Cut one 12 1/4" square. Cut in half twice on diagonal (J).
5. Cut four 2" x 5 1/4" rectangles (F).
6. Cut two 4 5/8" squares. Cut each square in half once on diagonal (H).
7. Cut four 1" squares (G).

G. Pattern #18360 – GRE1 (dot texture):

1. Make a 45° angle cut at one lower corner of the fabric. Cut four 1" bias strips for appliqué stems.
2. From the remaining fabric, make as many 2 1/2" cross-grain cuts as needed to equal 150" (binding).
3. Cut nine leaves for appliqué using template provided.

H. Pattern #18360 – DKGRE1 (dot texture):

1. Cut nine leaves for appliqué using template provided.

I. Pattern #18361 – GRE1 (tossed flower texture):

1. Cut six 3 1/2" x 42" strips (outer border).
2. Cut fourteen leaves for appliqué using template provided.

PIECING INSTRUCTIONS: Use 1/4" seam allowances.

A. Birdhouse unit:

1. Fold an A rectangle in half as shown (Figure 1) and cut a 45° angle from one corner. Make two.

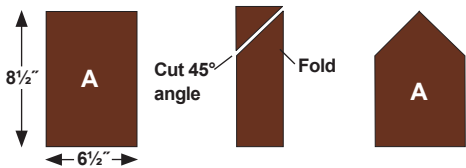


Figure 1 Make two.

2. Sew an F rectangle to each side of A (Figure 2). Press toward F. Trim F even with the angles of A (Figure 3). Make two.

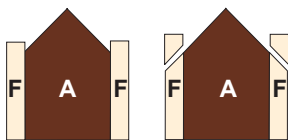


Figure 2 Figure 3 Make two.

3. Press the four flat-fold piping strips in half lengthwise, wrong sides together. Pin, baste, or glue-baste the strips to the angled edges of the A/F unit, raw edges even. Trim excess (Figure 4).

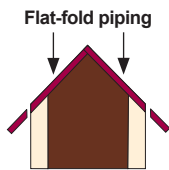


Figure 4

4. Sew C to the left edge of the birdhouse unit (Figure 5). Press toward C. Trim edges even. Make two. Repeat with D on the right side of the unit. Trim the edges as shown in Figure 6.

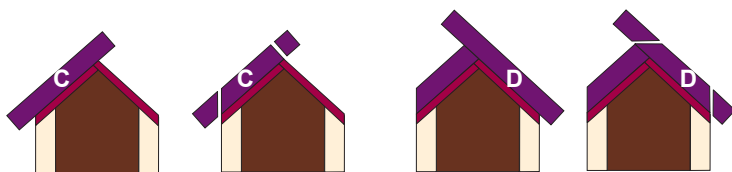


Figure 5 Make two.

Figure 6 Make two.

5. Sew an H triangle to C and D, matching centers (Figure 7). Trim the edges of the triangles even with the unit.

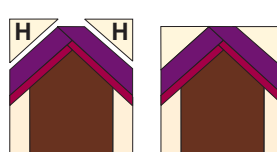


Figure 7 Make two.

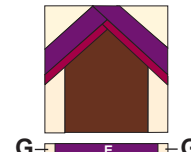


Figure 8 Make two.

6. Sew a G square to each end of E (Figure 8). Press toward E. Make two. Sew a G/E/G unit to the bottom of each birdhouse unit.
7. Sew an I rectangle to each side of the birdhouse units (see Figure 12). Press toward I.
8. Sew a J triangle to each side of B (Figure 9). Press toward B. Trim B even with the J triangles. Make two.

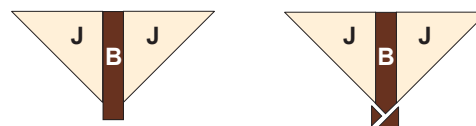


Figure 9 Make two.

- Sew J/B/J to the bottom of the birdhouse unit, matching centers. Press toward J/B/J. Make two.
- Sew K to the top of each birdhouse unit, matching centers. Press toward K. The uneven edges will be trimmed later.

B. Appliqué:

Stems, leaves, and birdhouse openings. Use your favorite method to prepare the appliqué leaves and birdhouse openings. Refer to the color photo for placement. Stitch by hand or machine.



- Appliqué the beige circle to each birdhouse unit.
- Fold the 1" bias strips for the stems lengthwise into thirds. Press. Pin, baste, or glue-baste stems into place, making gentle curves with the stems. (Tip: To hide the ends of the stems that touch the birdhouse, un-sew a portion of the seam and tuck the end into the seam. Re-stitch the seam. The ends of the stems that do not touch the birdhouse will be covered by a leaf.) Appliqué the stems by hand or machine.
- Arrange the leaves as desired, covering the raw end of each stem with a leaf. Appliqué the leaves.

C. Checkerboard unit:

- Sew the 2 1/4" L and M strips together for the 4-Patch blocks (Figure 10). Press toward M. Make fourteen 2 1/4" crosscuts. Sew two units together to complete a 4-Patch block. Press. Make seven blocks.

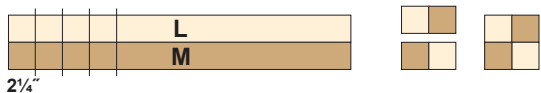


Figure 10 Make seven.

- Arrange the eight N squares alternately with the seven 4-Patch blocks into three rows. (Figure 11). Position the 4-Patch blocks so that M forms a chain. Sew into rows. Press toward N. Sew rows together. Press.

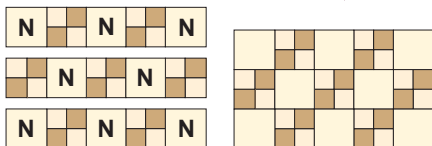


Figure 11 Make one.

ASSEMBLY AND BORDERS:

- Sew the birdhouse units to each side of the checkerboard unit (Figure 12). Press toward the birdhouse units. Trim the edges of the birdhouse units even with the edge of the checkerboard unit.

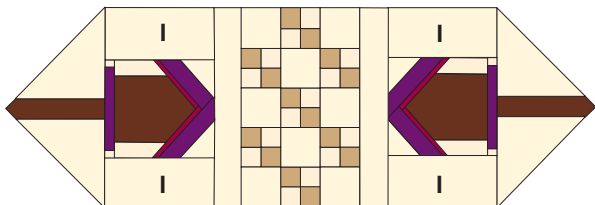
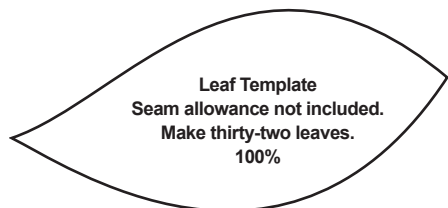


Figure 12

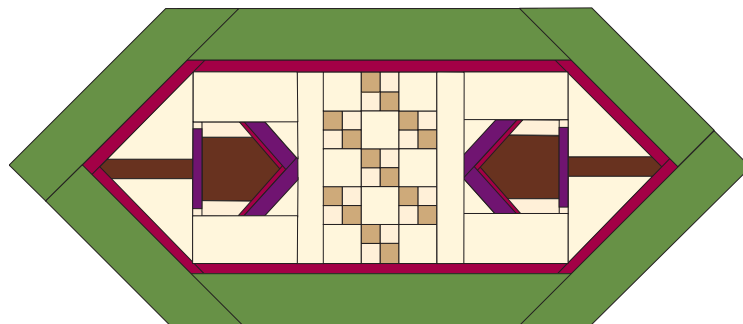


- Inner Border:
 - Referring to Figure 13, sew an inner border strip to each long edge of the table runner. Press toward the strips. Trim ends even with the angled edges.
 - Cut the two remaining inner border strips in half. Sew one half to each angled edge of the quilt. Press toward the strips. Trim edges even.



Figure 13

- Outer Border: Following the directions for the inner border strips, sew the six outer border strips to the sides of the quilt, and then to the angled edges. (Note: do not cut any of the outer border strips in half as you did for the inner border.) Trim ends of strips even with edges of the quilt. Press toward the outer border strips.



Quilt Diagram

FINISHING:

- Cut backing to measure 30" x 57".
- Layer quilt top, batting and backing. Baste layers together.
- Quilt as desired.
- Trim layers even with quilt top.
- Join binding strips with a diagonal seam. Press seams open. Attach binding to table runner using your favorite method.